



The Wine Down Relay™ at Waterside 2017 is the inaugural year for this unique Wine themed run at the brand new Waterside development by Trademark Properties.

## General Relay Information

### Packet Pick Up

Race Numbers, timing-tags, shirts, and runner goody bags can be picked up at Waterside **Saturday March 25<sup>th</sup> 10am – 1pm in The Bar inside Whole Foods (3720 Vision Dr, Fort Worth, TX 76109) or Sunday March 26<sup>th</sup> 7am – 8am.** One relay member will pick up the packets for their entire team. During packet pick up we will be able to answer any questions you have, and will be required to initial that you have read and distributed this information to your team.

### Runner Numbers

All Wine Down Relay™ participants will receive a relay race number that must be worn on the front of the runner's outfit and visible. Each team member will have identical matching numbers. Each bib will also contain your tasting and food tickets!

### Timing/Scoring/Awards

Each team will be assigned one timing wristband that must be exchanged between runners for their leg. Once crossing the exchange point they should had the timing wristband to the next runner before leaving the exchange area.

Each team's total elapsed time will be used to determine the winners. In the event of a tie for first place the time of the runner of the first loop of the Relay will determine the winner. Awards will be given to the top 5 teams regardless of gender or age.

Alternative awards will also be given for Best Baton. Please be sure to enter your baton into the contest at the Packet Pick Up tent.

## Parking

Parking is available on site and near the event:

1. Waterside Parking Garage - located behind REI off Arbor Lawn Drive.

2. Limited Street Parking Available on Arbor Lawn Drive (Please note Recreation Drive will not be a pass-through street).
3. Overflow parking available at CERA.
4. River Park (3100 Bryant Irvin Rd.) - Parking lot located off the Trinity - 10 min walk to Event. Best place to avoid traffic!

## Relay Exchange Process

### Loops 1-3

Relay members running the 1<sup>st</sup> – 3<sup>rd</sup> loops of the Wine Down Relay™ will start and finish on the trail behind the timing mat and arch.

All runners will keep to the right while entering and exiting exchange area. Upon entering the exchange area, the finishing runner will cross the timing mat and continue around the median to their corral to make the exchange. Corrals in the exchange area organized by bib numbers (0-10, 11-20, 21-30, etc...) will designate where to stand while anticipating a runner exchange. Please let your runner fully cross the timing mat and enter the area before attempting an exchange.

To complete the exchange the finishing runner will give the waiting runner their timing wristband and baton(optional). Once the exchange is complete the starting runner will continue through the flow of the exchange area, keeping to the right, to avoid incoming runners.

As a runner approaches the relay exchange zone, announcers will alert waiting runners by calling out the numbers of the incoming runners. Team members should listen closely to the relay coordinators and follow their instructions.

**Please Note: Be cautious and aware of incoming and exiting runners while completing your exchange. Just as approaching a water stop, keep away from other corrals until you spot yours, glance over your shoulder before merging.**

**Because of the limited space within the corral area, make note of your relay teammate's pace so you will know the approximate time to expect them and enter the corral approximately 10 minutes prior to their expected arrival.**

### 2 -Person Teams

You may choose to alternate loops or run sequential loops. During your exchange please follow the same guidelines.

### Loop 4

Wine Down Relay™ runners completing the last loop of the relay will finish at the same location.

Finishing runner will continue through the finish line arch and over the timing mat to complete the relay. Rather than turning around the median as in the exchange, they will continue out of the finishing chute. The finishing runner will turn in their timing wristband and receive medals for their entire team.

Teams may be waiting to cheer on their finishing runner, but please keep the finishing chute clear and safe for all runners.

## Waiting Runners

Wine Down Relay™ is a unique relay in all team members will gather in the same area. This gives those waiting runners some company while their team members complete their loops. Activities, Music, and Restrooms are available while you wait.

Please be aware of your teammates pace if you are the next runner. Announcements will only be made by the exchange area. Plan on entering the exchange area 10 minutes prior to their expected arrival.

## Wine Down Party

Now to the reason you're here, the party! Our schedule is subject to change without notice.

### Tastings

Your tasting and food tickets are attached to your runner bib. You must have the Wine Down glass for your tastings which can be picked up at the Wine Pass tent. You may be required to show your ID at the tent to receive your glass which your bib will be marked to designate your glass has been picked up. Each bib contains 3 tastings, more can be purchased from the Wine Pass tent.

### Additional Tastings/Purchases

Additional tastings and Wine Passes will be available at the Wine Pass tent. Wine Pass includes 5 tastings and a glass for \$20. Without the glass a Tasting Only Pass will include 5 tastings for \$15.

Bottles of wine and other drinks will be available for purchase starting at 12p.

### Food

Your bib contains one food ticket for breakfast tacos from Taco Diner. Food can be picked up from their patio which backs up to The Grove. Additional food can be purchased.

## Schedule

7:30a	DJ STARTS
8:15a	CG WARM-UP
8:30a	RACE START
8:30a	VENDOR GAMES & ACTIVITIES
10:00a	ZUMBA
11:00a	TASTINGS OPEN
11:00a	LIVE MUSIC
12:00p	AWARD CEREMONY
12:30p	BZ COOKING DEMO
3:30p	LAST CALL

## Community Partners

A big thank you to our community partners.

**Waterside**- Waterside is a 63-acre lifestyle/mixed-use development, anchored by Whole Foods Market and REI, that capitalizes on the unique physical attributes and location of the former LMRA (Lockheed Martin Recreation Association). It is a vibrant shopping, leisure, and residential district that is environmentally sustainable and strives to become Fort Worth's second living room with free amenities such as wi-fi, lounge seating, bocce ball court, bean bag toss, wobble boards, shade trees, public art, public restrooms, and grassy areas that inspire and activate the community.

**REI CO-OP, WHOLE FOODS, KATOUR'S SALON, TACO DINER, CYCLEBAR, CAMP GLADIATOR, STREAMS & VALLEYS, AIROSSTI, BLUE ZONES PROJECT FORT WORTH, ALZ STARS, FORT WORTH RUNNING COMPANY, AND SOCIAL RUNNING!**

## About Social Running™

Social Running™ is a community driven FREE running club and event management organization started by runners, for runners. We know not everyone is a self-motivated marathon machine, up before dawn to get their miles. We know that Social Accountability is the best motivator, and a Social Group that likes Active living is the best way to get in your workout while having fun with your friends. Sometimes it isn't your running plan that makes the difference, it's just planning to run (or walk).

We encourage an active community through FREE weekly runs, pop-up training distances, social fun-runs at local restaurants, and larger themed events like this one. Each dollar we make goes back into the community providing more FREE runs, money to help improve the trails we frequent through Streams and Valleys, and promoting more active opportunities through Blue Zones Project or our other Local Community Partners.

--- TO EXCHANGE AREA

--- LEG 1-3 ENTER EX. AREA

--- LEG 1-3 EXIT EX. AREA

--- LEG 4 FINISH

★ RESTROOMS

P  
OVERFLOW

NO  
PARKING

CONVAIR DRIVE

RECREATION DRIVE

ARBOR LAWN

P

4  
3  
2

6  
7  
8  
9

5

11

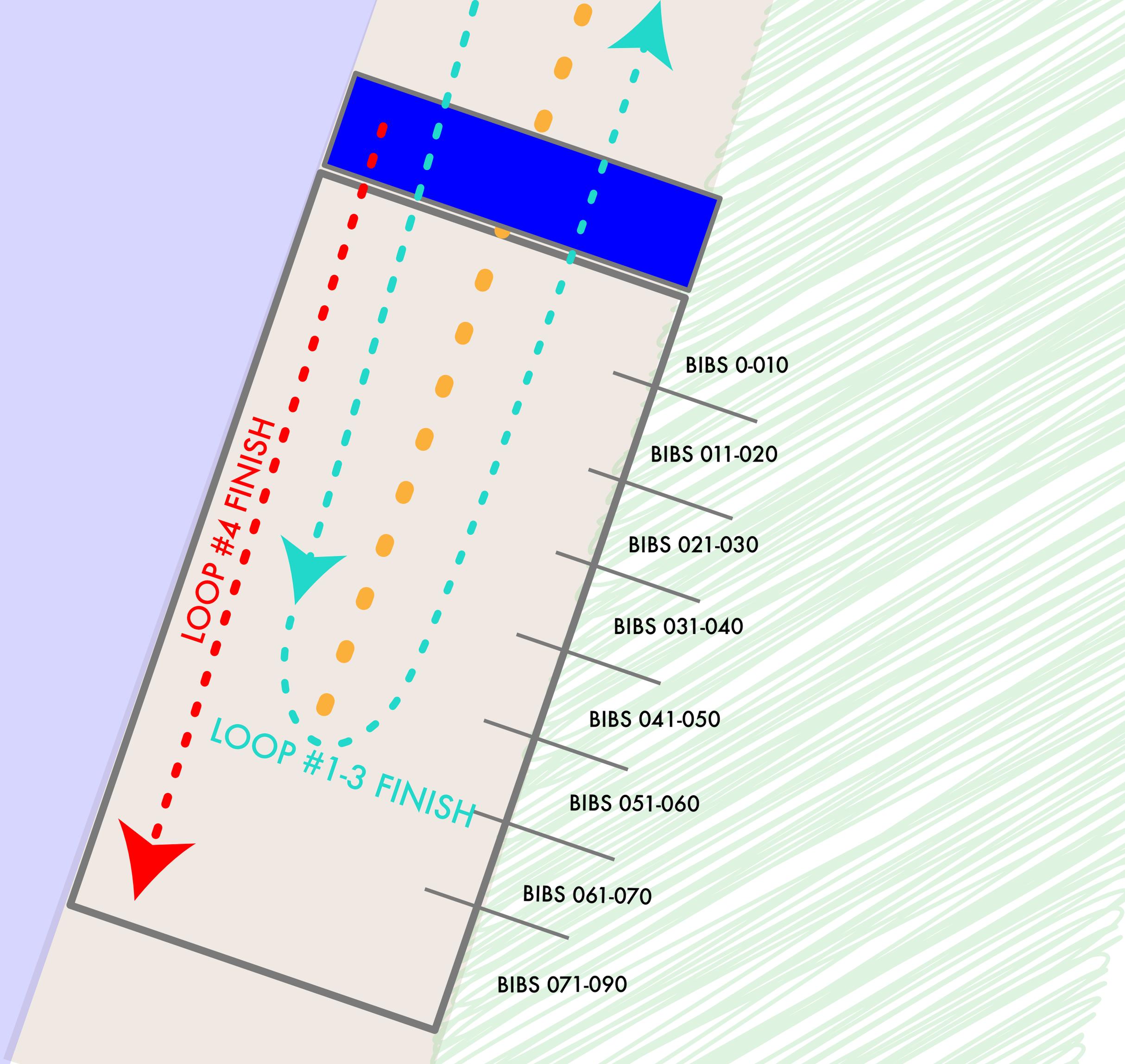
1

10

12

- 1. WINE PASS / DAY OF PACKET PICK UP
- 2. WINE TASTING TENT
- 3. MUSIC
- 4. DECK AND SEATING
- 5. BLUE ZONES COOKING DEMO
- 6. AIRROSTI
- 7. CYCLE BAR
- 8. CAMP GLADIATOR
- 9. STREAMS & VALLEYS
- 10. TACO DINER
- 11. WHOLE FOODS / EARLY PACKET PU
- 12. REI





BBS 0-010

BBS 011-020

BBS 021-030

BBS 031-040

BBS 041-050

BBS 051-060

BBS 061-070

BBS 071-090

LOOP #4 FINISH

LOOP #1-3 FINISH

**1** WATER STOP (REI)

**2** WATER STOP (FTW RUN CO)

**3** CHEER STATION (ALZ STARS)  
WATER STOP (BLUE ZONES)

**4** MILE 4

